

			Hospitality and Catering		
Autumn 1	 Year 7 Theory-Systems and safety in the Food Room Theory- Health and safety/ Knife Skills Practical- Fruit Salad Theory- Bacteria/ Using the hob safely Practical- Pasta Salad Theory Food 	 Year 8 Theory- Eatwell Guide Practical- Mediterranean Pasta Bake Theory- Carbohydrates Practical- Bread Base for Pizza (freeze). Practical- Pizza Topping Theory- Fats & Oils Practical- Bolognaise 	Year 9 Theory- Danger Zone Practical-Bolognaise Theory-Knives and equipment Practical-Soups Practical- Pie Theory-Commodities: Types of vegetables Practical-Chilli Theory-Carbohydrates	The Industry: Industry sectors and establishments The Industry: Contract Caterers and Types of Service The Industry: Types of Accommodation and Ratings The Industry: Staffing and job requirements The Industry: Rights and responsibilities.	 Vear 11 Unit 2 Preparation: Macro Nutrients AC.1.1 Unit 2 Preparation: Micro nutrients AC.1.1 Unit 2 Preparation: Special Groups AC.1.2 Unit 2 Preparation: Deficiencies AC.1.3 Unit 2 Preparation: How cooking effects nutrients AC.1.4
	 Salad Theory- Food Storage and Key Temperatures Practical- Fruit Muffin Theory- Assessment Practical- Tomato Pasta Sause 	-			

Autumn 2	 Practical-Pasta Dish Theory-Types of fish Practical-Fish Cakes Practical- Lasagne Theory-Commodities: Fats and oils Practical-Sausage rolls Theory-Vitamins and minerals Practical-Pizza Pinwheels Theory-Commodities: Meat and Protein 	 The Industry: Technology, cooking techniques and customer service The Industry: Factors effecting success, the environment and Economy Hospitality Operations: Kitchen Operations, kitchen Brigade Hospitality Operations: Equipment/ unusual equipment and stock control Hospitality Operations: Admin, 	 Unit 2 Preparation in Proposing Dishes for menus AC.2.1 Unit 2 Preparation: Environmental Issues AC.2.2 Unit 2 Preparation: Menus meeting customers' needs AC.2.3 Unit 2 Preparation: Production Plans AC.2.4 Unit 2 Preparation: Practice Practical
Spring 1	 Practical-Meat balls and tomato sauce Theory-Commodities: Chicken Practical-Chicken Curry Theory-World food Practical-Naan Breads 		 Understanding the assessment plan Introduction to the Assignment Brief The mark criteria AC1.1 describe functions of nutrients in the human body.

Theory-Production Plans- Linked to Christmas Dinner Practical- Christmas Practical- Biscuits Practical- Cornish Pasties Practical- Cornish Pasties AC1.1 seplain to characteristics of untational trailing thates Pasties Pasties Pasties Pasties Pasties Pasties Pasties Pa	Trospitantly aria catering			E A
		Plans- Linked to Christmas Dinner Practical- Christmas Practical- Biscuits Practical Calzone Practical- Cornish	continue legislation, Security and Safety Food Safety: The Role of Environmental Health Officer Food Safety: Legislation Food Safety: Food	characteristics of unsatisfactory nutritional intake. AC1.2 compare nutritional needs of specific groups. A.C 1.4 explain how cooking methods impact on nutritional value. AC2.2 explain how dishes on a menu address environmental issues. AC2.1 explain factors to consider when proposing dishes for menus. A.C 2.4 Production planning. dishes for menus. AC2.3 explain how menu dishes meet

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Spring 2			 Theory- Commodities: Eggs Practical- Shortbread Practical- Pastry- Quiche. Theory- Methods of cooking Practical-Beef burritos Theory- Macro Nutrients Practical-Flat Breads and a Dip Theory- Micro Nutrients 	Revision and Exam Preparation.	Complete A.C 3- Practical Examination
Summer 1			 Practical-Sticky Toffee Pudding Theory- Deficiencies Practical-Kiev Practical- Lemon meringue pastry and curd Theory- Age related diets Practical-Cheesecakes Theory- Special Diets Practical-Victoria Sponge 	Revision and Exam Preparation.	

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		Theory- Environmental factors		
		 Practical-Samosas 		
Summer 2		 Introduction to Exam Content: The Industry: Industry sectors and establishments The Industry: Contract Caterers and Types of Service The Industry: Types of Accommodation and Ratings The Industry: Staffing and job requirements The Industry: Rights and responsibilities, job roles and qualifications The Industry: Factors Affecting Success, Cost and Overheads, Calculating Profit and Portion Control 	Practical Preparation for Unit 2.	
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			KEY VOCABULA	RY		
	Year 7	Year 8	Year 9	Year 10	Year 11	
Autumn 1	Safety	Nutrients	Equipment			
	Hygiene	Special Diets	Commodities			
	Systems	Vitamins	Danger Zone			
	Pathogens	Minerals	Binary Vision			
	Temperature	Carbohydrates	Pathogens			
	Cross-	Proteins				
	contamination	Fats				
	Equipment	Multi- cultural				
	Ingredients	Mediterranean				
	Danger Zone	Protein				
		Carbohydrate				
		Fat				
		Function				
		Sources				
Autumn 2						
Spring 1						
Spring 2						
Cummor 1						
Summer 1						

Hospitality and Catering

Summer 2

